

Angler's Loop

by Andrea Mules

Yarn 2 skeins of <i>The Fiber Company Canopy</i> Fingering	Gauge 9 stitches and 11 rows = 1"
Needles Size 1 (DPNs or circulars work fine – use whichever you're most comfortable with)	Sizes Small (Large)
Notions stitch marker(s) needle for cabling	Final Measurements Small = 7.5" circumf. Large = 8.5" circumf.
	Intermediate



The Angler's Loop is a sailor knot that forms a fixed loop. Inspired by my partner, Kasy, a man who loves a good cabled sock and a good solid boat, the Angler's Loop Socks are inspired by the long tradition of sailor knots...and Kasy's stories of life on a boat. 2X2 ribbing moves seamlessly into this knot cable panel along the back of the sock, giving enough ease in the leg to allow for taller socks with less need for numerous calf increases. An asymmetrical ribbed panel runs the length of the front, creating a space for additional cables or not, as the knitter sees fit.

While every effort has been made to write clear directions to knitting these socks, if you have never turned a heel and are completely new to socks it might help to read a bit about sock construction and gussets before casting on. Recommendations are found at the end of the pattern.

Cast on 68 (76) stitches. Join to work in the round, careful to not twist stitches, and place marker to designate beginning of round.

Work in K2P2 ribbing for 1.25 inches

Set-up rows:

small size

Row 1 – P2, PM, work row 1 of chart, PM, P2, K8, (P2, K2)two times, P2, knit to end of round

Row 2 – P2, slip marker, work row 2 of chart, slip marker, P2, K8,(P2, K2) two times, P2, knit to end of round.

Now continue working the cable chart between the 2 markers placed in set-up row 1. All other stitches, you knit all knit stitches and purl all purl stitches.

large size

Row 1 – K2, P2, PM, work row 1 of chart, PM, P2, K10, (P2, K2)two times, P2, knit to end of round

Row 2 – K2, P2, slip marker, work row 2 of chart, slip marker, (P2, K2) two times, P2, knit to end of round.

Now continue working the cable chart between the 2 markers placed in set-up row 1. All other stitches, you knit all knit stitches and purl all purl stitches.



Working the Leg

By this time you will notice that the cable panel is centered on the back half of the stitches and the front half of the stitches are stockinette, with an asymmetrical ribbed panel that will be continued down the foot to the toe. Continue on with the leg, working as many repeats of the cable panel as you choose. If you are knitting to gauge, each chart repeat should measure approximately 2 inches in length. In the socks seen in the photo, the large size was followed and 3 chart repeats were executed before the heel flap.

Heel Flap

You will now be working only on the 34(38) stitches on the back of the leg. Please adjust the stitches on your needles, leaving the 34(38) stitches on the top of the foot separate.

The Heel Flap continues in the K2P2 ribbing from the end of the cable chart's final repeat. Work these 34(38) stitches until the heel flap measure approximately 2 inches, or is the length that you prefer in a heel flap, ending with a WS row.

Turning the Heel

With the RS facing you

Row 1 - K 18(22), K2tog, K1, turn work

Row 2 - Sl1, P 5(7), P2tog, P1, turn work

Row 3 - Sl1, Knit to 1 stitch before the gap, Knit this stitch together with the stitch on the other side of the gap, K1, turn work

Row 4 - Sl1, Purl to 1 stitch before the gap, Purl this stitch together with stitch on the other side of the gap, P1, turn work

Repeat row 3 and row 4 until all stitches have been worked, ending with row 4

Gusset

Knit across heel and place marker in the middle. It doesn't really matter where, so someplace in middle. This designates your new beginning of the round.

Knit to end of heel. Pick up and knit stitches down the side of the heel flap. Remember the number of stitches you pick up, since you will be picking up the same amount of stitches on the other side of the heel flap. (My sample socks, the large size, had 13 picked up stitches on either side of the heel flap)

Place marker (optional), work across top of foot stitches, knitting all knit stitches and purling all purl stitches, place marker (optional) [If you are familiar with gusset decreases and reading your knitting, placing markers to follow the gusset decrease directions are probably not necessary. If you are new to socks, they will help you keep track of where your decreases will take place, since I did not provide row by row stitch counts].

Pick up same number of stitches on other side of heel flap. Knit to the marker in the middle of the heel.

At this point, you will be decreasing your stitches to return to the original stitch count of 68(76).

Row 1 – Knit to 3 stitches before marker, K2tog, K1, work across top of foot in established pattern, SSK, K1, work to end of round

Row 2 – Knit to marker, work across top of foot in established pattern, knit to end of round

Repeat Row 1 and Row 2 until your total stitch count is 68(76).

Foot

Continue along on the foot by knitting all knit stitches and purling all purl stitches, until the length of the foot is 2 inches shorter than desired size.

Toe

Use your favorite toe! Mine is the following, but whatever you prefer works:

Starting at the beginning of the 34(38) stitches for the top of the foot

K1, SSK, Knit to the last 3 stitches on the top of the foot, K2Tog, K1

Repeat the same for the 34(38) stitches for the sole of the foot

Knit 1 row even.

Repeat these 2 rows until there are 12 stitches left on the foot side and 12 stitches on the sole side. Kitchener together. Weave in ends, block, and enjoy!

Additional Notes

I made my socks symmetrical, by flipping the position of the ribbed panel on the front of the sock when I knit the second. Also, I envisioned the front ribbed panel as a blank canvas for you, the knitter, to cable along on as you see fit or leave as a ribbed panel. Customize away!

Sock construction resources for the knitter new to socks

Silver's Sock Class: http://www.cometosilver.com/socks/SockClass_Start.htm

Knitting Rules! By Stephanie Pearl-McPhee (the Yarn Harlot)

Sock Innovation by Cookie A.

Getting Started Knitting Socks by Ann Budd

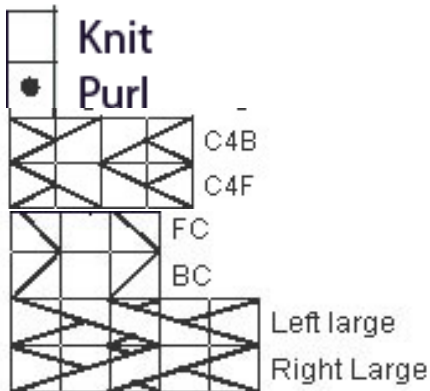
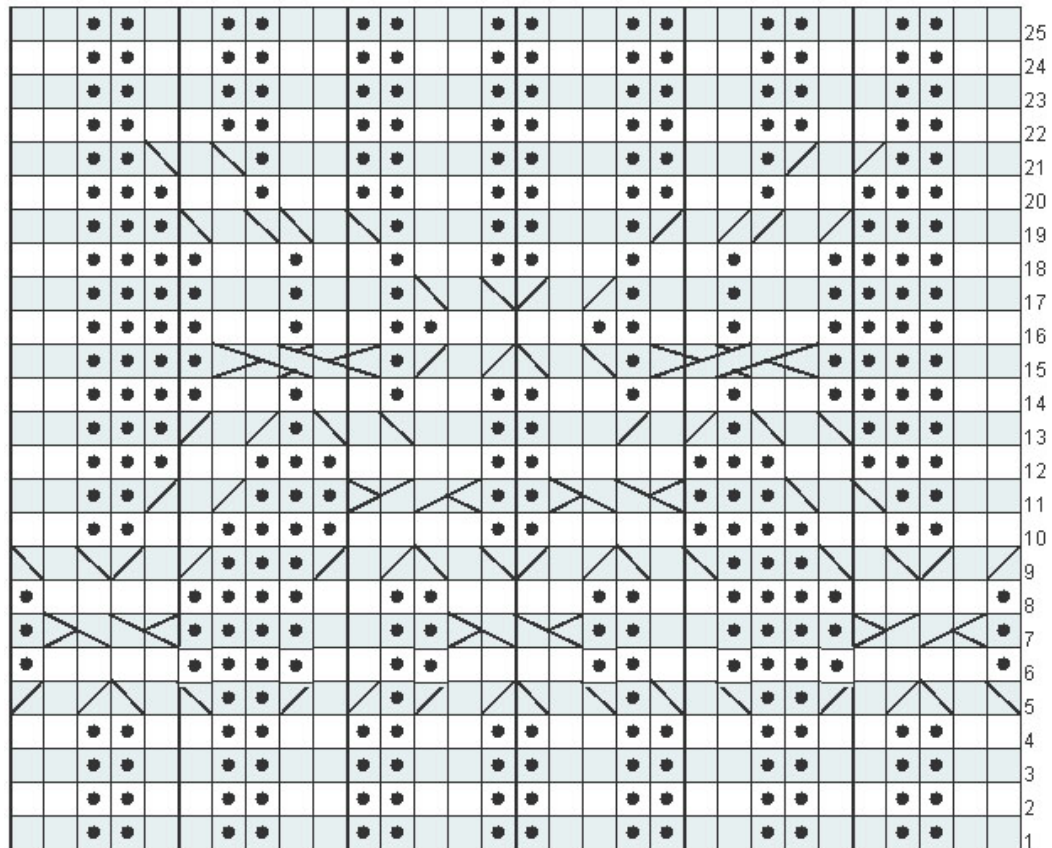
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C4B – hold 2 knit stitches to the back, knit next 2 stitches, then stitches on cable needle

C4F – hold 2 knit stitches to the front, knit next 2 stitches, then stitches on cable needle

FC – hold 2 knit stitches to the front, purl next stitch, then knit stitches on cable needle

BC – hold 1 purl stitch to the back, knit next 2 stitches, then purl stitch on cable needle

Left Large – hold 2 knit stitches and 1 purl stitch to the front, knit next 2 stitches, purl the purl stitch on the cable needle, then knit 2 stitches on the cable needle

Right Large – hold 2 knit stitches and 1 purl stitch to the back, knit next 2 stitches, purl the purl stitch on the cable needle, then knit 2 stitches on the cable needle